

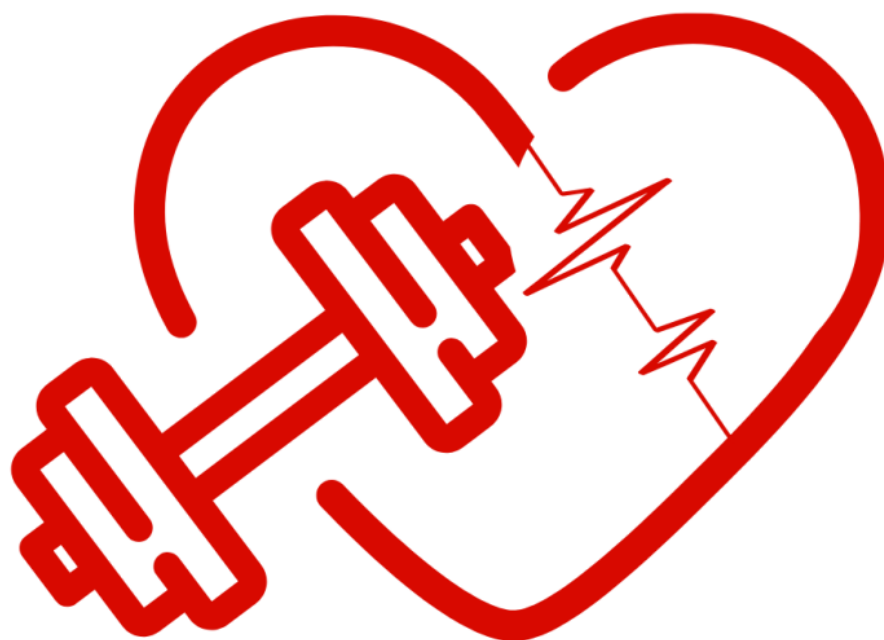
Pump It Up: 6 Week Challenge

Event Date

Mon, Feb 12 2024, 12am - Fri, Mar 22 2024, 12pm

2024

Pump It Up!



February 12 thru March 22

*Challenge forms are available at
the front desk.*

*Turn in your completed form on
March 22, to receive your
2024 Pump It Up T-Shirt!*



**Pump it up for six
weeks to receive a
free t-shirt!***

Members look forward to earning their CRC T-shirts by completing the six-week Pump It Up challenge every year. The challenge begins the week of Valentine's Day and helps jumpstart your summer workout plan.

Pump It Up 2024 begins Monday, Feb. 12. Crowley Recreation Center members can join the challenge to receive this year's free T-shirt! Challenge forms are due March 22. Follow the link below to print your challenge form.

2024 Challenge Form 289.02 KB