#### **The Crowley Senior Connect**

For active adults ages 55+

The City of Crowley is proud to offer The Crowley Senior Connect as a place for our seniors to connect with one another, engage with the community and enrich their lives through cultural, recreational and leisure activities. The Crowley Senior Connect offers members a variety of opportunities to socialize with friends, participate in health



and wellness programs and educational seminars. This program is located inside the Crowley Recreation Center.

All programs and activities at the center are designed to enhance the individual's well-being, independence and sense of community. The program is open to all who meet the age requirements (55+), including those with disabilities.

The congregate meal program is provided for ages 60+ through a partnership between the City of Crowley and Meals on Wheels.

Please contact Cristina Winner, Community Services Director, at 817-297-6707 ext. 2090 or by email at cwinner [at] ci.crowley.tx.us (subject: Crowley%20Connect); or Ashley Becker, Senior Citizen Program Coordinator, at 817-297-2201 ext. 7080 or by email abecker [at] ci.crowley.tx.us for more information regarding this program.

### **Activities**

The senior program continues to provide a place for entertainment, camaraderie and relaxation. Make plans to join us for:

- Bingo
- Dominoes
- Crafts
- Field trips
- Exercise programs
- Line dancing
- Silver Sneakers

## **Age Eligibility**

All people 55 years of age and older and their spouses are eligible for the congregate meal and the senior center program. There are no income limits and restrictions. Meals are served on a donation basis.

#### Meals

Meals are also available at The Crowley Senior Connect, and the menu changes monthly. Meals on Wheels provides the congregate meals through a partnership with the Area Agency on Aging and the City of Crowley.

The Senior Congregate Meal program has resumed.

Meals are served daily at The Crowley Senior Connect from 11-12 p.m. There is a minimum number of 12 meals that must be met in order for Meals on Wheels to deliver.

All participants in the meal program must be registered beforehand.

Please contact Ashley Becker, Senior Citizen Program Coordinator, at 817-297-2201 ext. 7080 or abecker [at] ci.crowley.tx.us for more information regarding the hot-meal program.

### **Helpful Links**

Alzheimer's Support

# **Supporting Documents**

May Calendar 1.02 MB

April Calendar 537.25 KB

March Activity Calendar 959.76 KB

February Calendar 144.47 KB

January Activity Calendar 1.14 MB

November Activity Calendar 206.25 KB

October Activity Calendar 528.67 KB

September Activity Calendar 473.96 KB

August Activity Calendar 328.59 KB

July Activity Calendar 1.02 MB

#### **Ashley Becker**

Program Coordinator - Senior Services 817-297-2201 ext 7080 Email View PDF