

Open: Mon-Fri 8am-1pm

Please call Ashley 817-297-2201 ext. 7080 to register for our meal program.

# FEBRUARY 2024

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
31				1 9 am Breakfast 10:30 am Bingo 12 pm Lunch	2 9 am Breakfast 10 am Balance and Stability Class 11 am Movie and Popcorn 12 pm Lunch	3
4	5 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	6 9 am Breakfast 10 am Valentines Craft 12 pm Lunch	7 9 am Breakfast 10 am Texercise 11 am Scam Prevention Presentation 12 pm Lunch	8 9 am Breakfast 10:30 am Bingo 12 pm Lunch	9 9 am Breakfast 10 am Balance and Stability Class 11 am Medicare Presentation 12 pm Lunch	10
11	12 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	13 9 am Breakfast 11 am Crafts with Sixty and Better 12 pm Lunch	14 9 am Breakfast 10 am Texercise 11 am Valentines Day Party 12 pm Lunch	15 9 am Breakfast 10:30 am Bingo 12 pm Lunch	16 9 am Breakfast 10 am Balance and Stability Class Open Games 12 pm Lunch	17
18	19 Closed	20 10 am Paint Class 12 pm Lunch	21 9 am Breakfast 10 am Texercise Open Games 11 am Shanghai 12 pm Lunch	22 9 am Breakfast 10:30 am Bingo 12 pm Lunch	23 9 am Breakfast 10 am Balance and Stability Class 11 am Nutrition Class 12 pm Lunch	24
25	26 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	27 9 am Breakfast 11 am Diabetes Prevention Presentation 12 pm Lunch	28 9 am Breakfast 10 am Texercise Open Games 11 am Shanghai 12 pm Lunch Birthdays	29 9 am Breakfast 10:30 am Bingo 12 pm Lunch	1 9 am Breakfast 10 am Balance and Stability Class 12 pm Lunch	2



\*These events require registration before hand,  
call Ashley Becker 817-297-2201 Ext. 7080

