

Open: Mon-Fri 8am-1pm

Please call Ashley 817-297-2201 ext. 7080 to register for our meal program.



SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
1	2 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	3 9 am Breakfast 11 am Senior Apartment Presentation 12 pm Lunch	4 9 am Breakfast 10 am Mind PIYO Workout Class Open Games 10 am Shanghai 12 pm Lunch	5 9 am Breakfast 11 am Bingo 12 pm Lunch	6 9 am Breakfast 10 am Balance and Stability Class 11 am Movie and Popcorn 12 pm Lunch	7
8	9 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	10 9 am Breakfast 10 am Heart Health Presentation 12 pm Lunch	11 9 am Breakfast 10 am Mind PIYO Workout Class Open Games 10 am Shanghai 12 pm Lunch	12 9 am Breakfast 11 am Bingo 12 pm Lunch	13 9 am Breakfast 10 am Balance and Stability Class 11 am Pumpkin Craft 12 pm Lunch	14
15	16 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	17 9 am Breakfast 10 am Paint Class 12 pm Lunch	18 9 am Breakfast 10 am Mind PIYO Workout Class Open Games 10 am Shanghai 12 pm Lunch	19 9 am Breakfast 11 am Bingo 12 pm Lunch	20 9 am Breakfast 10 am Balance and Stability Class 11 am Computer Class 12 pm Lunch	21
22	23 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	24 Field Trip*	25 9 am Breakfast 10 am Mind PIYO Workout Class 11 am Crafts with Sixty and Better 12 pm Lunch Birthdays	26 9 am Breakfast 11 am Bingo 12 pm Lunch	27 9 am Breakfast 10 am Balance and Stability Class 12 pm Lunch	28
29	30 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	31 9 am Breakfast Halloween Party 12pm Lunch				



\*These events require registration before hand,  
call Ashley Becker 817-297-2201 Ext. 7080

