

Open: Mon-Fri 8am-1pm

Please call Ashley 817-297-2201 ext. 7080 to register for our meal program.

# THANKFUL NOVEMBER 2023 THANKFUL

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
			1 9 am Breakfast 10 am Mind PIYO Workout Class Open Games 10 am Shanghai 12 pm Lunch	2 9 am Breakfast 10:30 am Bingo 12 pm Lunch	3 9 am Breakfast 10 am Balance and Stability Class 11 am Movie and Popcorn 12 pm Lunch	4
5	6 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	7 9 am Breakfast 10 am Open Games 12 pm Lunch	8 9 am Breakfast 10 am Mind PIYO Workout Class Open Games 10 am Shanghai 12 pm Lunch	9 9 am Breakfast 10:30 am Bingo 12 pm Lunch	10 9 am Breakfast 10 am Balance and Stability Class 12 pm Lunch	11
12	13 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	14 9 am Breakfast 11 am Nutrition Presentation 12 pm Lunch	15 9 am Breakfast 10 am Mind PIYO Workout Class Open Games 10 am Shanghai 12 pm Lunch	16 9 am Breakfast 10:30 am Bingo 12 pm Lunch	17 Field Trip*	18
19	20 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	21 9 am Breakfast 12 pm Thanksgiving Potluck	22 Closed	23 Closed	24 Closed	25
26	27 9 am Breakfast 10 am Chair Volleyball 12 pm Lunch	28 9 am Breakfast 10 am Paint Class 12 pm Lunch	29 9 am Breakfast 10 am Mind PIYO Workout Class 11 am Crafts with Sixty and Better 12 pm Lunch Birthdays	30 9 am Breakfast 10:30 am Bingo 12 pm Lunch		



\*These events require registration before hand,  
call Ashley Becker 817-297-2201 Ext. 7080

